



## Academy Program 2025

Cycle 1				Feb. 18th	Feb. 25th	March 4th		March 18th	March 25th	April 1st
Boys 9	4.45pm-5.45pm	Tuesday		1	2			3	4	5
Boys 11	5.50pm-6.50pm	Tuesday		1	2	3		4	5	6
Boys 12	7.00pm-8.00pm	Tuesday		1	2	3		4	5	6
				Feb. 18th			March 12th	March 19th	March 26th	April 2nd
Boys 10s	6.10-7.10pm	Wednesday		1			2	3	4	5
Girls 15/16/17	7.15pm-8.15pm	Wednesday					1	2	3	4
				Feb. 21st	Feb. 28th	March 7th	March 14th	March 21st	March 28th	April 4th
Girls 9/10/11	4.45pm-5.45pm	Friday		1	2	3		4	5	6
Girls 12/13	5.50pm-6.50pm	Friday		1	2	3		4	5	6
Girls 14	7.00pm-8.00pm	Friday		1	2	3		4	5	6

Cycle 2				April 29th	May 6th	May 13th	May 20th	27-30 reserve day		
Boys 9	4.45pm-5.45pm	Tuesday		6	7	8	9			
Boys 11	5.50pm-6.50pm	Tuesday		7	8	9	10			
Boys 12	7.00pm-8.00pm	Tuesday		7	8	9	10			
				April 30th	May 7th	May 14th	May 21st	27-30 reserve day		
Boys 10s	6.10-7.10pm	Wednesday		6	7	8	9			
Girls 15/16/17	7.15pm-8.15pm	Wednesday		5	6	7	8			
				May 2nd	May 9th	May 16th	May 23rd	27-30 reserve day		
Girls 9/10/11	4.45pm-5.45pm	Friday		7	8	9	10			
Girls 12/13	5.50pm-6.50pm	Friday		7	8	9	10			
Girls 14	7.00pm-8.00pm	Friday		7	8	9	10			

Cycle 3				June 3rd	June 10th	June 17th	June 24th	1-4 reserve day		
Boys 9	4.45pm-5.45pm	Tuesday		10	11	12	13			
Boys 11	5.50pm-6.50pm	Tuesday		11	12	13	14			
Boys 12	7.00pm-8.00pm	Tuesday		11	12	13	14			
				June 4th	June 11th	June 18th	June 25th	1-4 reserve day		
Boys 10s	6.10-7.10pm	Wednesday		10	11	12	13			
Girls 15/16/17	7.15pm-8.15pm	Wednesday		9	10	11	12			
				June 6th	June 13th	June 20th	June 27th	1-4 reserve day		
Girls 9/10/11	4.45pm-5.45pm	Friday		11	12	13	14			
Girls 12/13	5.50pm-6.50pm	Friday		11	12	13	14			
Girls 14	7.00pm-8.00pm	Friday		11	12	13	14			

Cycle 4				July 22nd	July 29th	Aug 5th	Aug 12th	Aug 19th	Aug 26th	reserve day 2-5
Boys 9	4.45pm-5.45pm	Tuesday		14	15	16	17	18	19	
Boys 11	5.50pm-6.50pm	Tuesday		15	16	17	18	19	20	
Boys 12	7.00pm-8.00pm	Tuesday		15	16	17	18	19	20	
				July 23rd	July 30th	Aug 6th	Aug 13th	Aug 20th	Aug 27th	reserve day 2-5
Boys 10s	6.10-7.10pm	Wednesday		14	15	16	17	18	19	
Girls 15/16/17	7.15pm-8.15pm	Wednesday		13	14	15	16	17	18	
				July 25th	Aug 1st	Aug 8th	Aug 15th	Aug 22nd	Aug 29th	reserve day 2-5
Girls 9/10/11	4.45pm-5.45pm	Friday		15	16	17	18	19	20	
Girls 12/13	5.50pm-6.50pm	Friday		15	16	17	18	19	20	
Girls 14	7.00pm-8.00pm	Friday		15	16	17	18	19	20	

Extension										
Boys 9	4.45pm-5.45pm	Tuesday								
Boys 11	5.50pm-6.50pm	Tuesday								
Boys 12	7.00pm-8.00pm	Tuesday								
Boys 10s	6.10-7.10pm	Wednesday								
Girls 15/16/17	7.15pm-8.15pm	Wednesday								
Girls 9/10/11	4.45pm-5.45pm	Friday								
Girls 12/13	5.50pm-6.50pm	Friday								
Girls 14	7.00pm-8.00pm	Friday								